



NATALIA VALYRAKI

CURRICULUM VITAE

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Sandplay Greece

Instagram: [sandplay.greece](https://www.instagram.com/sandplay.greece)

[atherapy.gr](https://www.atherapy.gr)

[sandplay.gr](https://www.sandplay.gr)

PERSONAL DATA

- Citizenship: Greek
- Place of Birth: Harare, Zimbabwe
- Married, 2 children

STUDIES

- **Postgraduate Degree in School Psychology, University of Crete, Greece, Faculty of Psychology.** Grade: Very Good (8.11/10). October 2004-March 2007 (Award Ceremony on: 21-7-2007)
- **Degree of School of Social Studies, Department of Psychology of the University of Crete.** Grade: Very Good (8.1/10). December 1999 – September 2002 (Award Ceremony on: 11-12-2002)
- **Degree of the National Kapodistrian University of Athens, Greece, Department of French Language and Literature.** Grade: Good (6.9/10). September 1990 – September 1996 (Award Ceremony on: Δεκέμβριος 1996)

FOREIGN LANGUAGES

- **English:** Excellent knowledge of written and oral speech. (Michigan Certificate of Proficiency in English).
- **French:** Excellent knowledge of written and oral speech. (Degree of the National Kapodistrian University of Athens, Greece, Department of French Language and

Litterature)

- **Spanish:** Good knowledge of written and oral speech. (Diploma Bàsico de Español)
- **Italian:** Good knowledge of written and oral speech. (Certificato Superiore)

PROFESSIONAL EXPERIENCE

- **Current Position.** Psychologist working in private practice (2007 until today).
- **Foreign Language Schools in Chania** (June 1997 – August 2024). Owner and Director of Studies
- **Parent Counselling Groups:** 1. State Preschool of Eleftherios Venizelos (Nerokourou, Chania (tel. 28210-91635). 2. State Kindergarden School of Akrotiri (Sternes). 3. 19^o State Elementary School of Chania (D. Mixelogianni 13, Chania, tel. 28210-45407). 4. State Elementary School of Perivolia (Perivolia, Chania, tel. 28210-96244): Scheduled monthly 3-4 hour Presentations/Discussions with parents on specific predecised topics, concerning children difficulties and parenting attitudes. (October 2006-today).

VOLUNTARY WORK

- **Voluntary Practical Work in Psychiatric Day Hospital in Chania** (Krokida 25, Chania). (January 2003 – December 2003).
- **Voluntary Practical Work in Psychiatric Day Hospital for Teenagers in Chania στο** (M. Botsari 49, Chania). (May 2003 – May 2004).

TELEVISION SHOWS: (youtube: ACTherapy Natali valyraki)

1. 11/02/2010 TELEVISION KYDON. Show Title: «Health, above all» Presenter: Tonia Liodaki. Subject: «Learning Difficulties».
2. 25/03/2010 TELEVISION KYDON. Show Title: «Health, above all» Presenter: Tonia Liodaki. Subject: «Advice and principles of parenting».
3. 11/05/2010 TELEVISION KYDON. Show Title: «Health, above all» Presenter: Tonia Liodaki. Subject: «Exam stress».
4. 01/09/2014 NEW TELEVISION. Show Title: «Summer Time». Presenter: Vicky Arvelaki. Subject: «Learning Difficulties Test».
5. 09/09/2014 NEW TELEVISION. Show Title: «Summer Time». Presenter: Vicky Arvelaki. Subject: «Vocational Guidance».
6. 18/2/2015 NEW TELEVISION. Show Title: «Health». Presenter: Lefteris Kourkoulos. Subject: «Learning Difficulties». (<http://www.neatv.gr/el/video.php?vi=3083>)
7. 27/02/2015 NEW TELEVISION. Show Title: "In red". Presenter: Gogo Kallidonaki, Nikos Motakis. Subject: «Children and parents everyday problems». (<http://www.neatv.gr/el/video.php?vi=3118>) (min 0.23'-0.45')
8. 13/3/2015 NEW TELEVISION Show Title: "In red". Presenter: Gogo Kallidonaki, Nikos Motakis. Subject: «Vocational Guidance Test». (www.neatv.gr/el/video.php?vi=3175) (min 33'-min 52').
9. 18/03/15 NEW TELEVISION. Show Title: «Health». Presenter: Lefteris Kourkoulos. Subject: «Bullying». (<http://www.neatv.gr/el/video.php?vi=3195>)
10. 13/3/2015 NEW TELEVISION Show Title: "In red". Presenter: Gogo Kallidonaki, Nikos Motakis. Subject: «Playtherapy». (<http://www.neatv.gr/el/video.php?vi=3563>) (min 7.16'- min 27.33').
11. 05/01/2016 NEW TELEVISION Show Title: "In red". Presenter: Gogo Kallidonaki, Nikos Motakis. Subject: «Children back to school». (http://www.neatv.gr/cms_files/files/videos/2016/01/kokkino2016.01.05.mp4) (min 07'- min 25').
12. 27/05/16 NEW TELEVISION Show Title: "In red". Presenter: Gogo Kallidonaki, Nikos Motakis. Subject: «Vocational Guidance Test». (min 22'-46').

TRAININGS

- **EMDR Training** (children) Levels 1+2 (trainer: Susan Darker Smith), online, September 2020- September 2021.
- **Masterclasses Ana Gomez** (30 hours) training seminars EMDR for children (July 2020-October 2021).
- **Training Sandplay Therapist-Consultant-Teacher**, from the Association for Sandplay Therapy (trainer Eunice Stagg), Registered Sandplay Therapist-Consultant STR-CT, UK, Awarded July 2022.
- **Training Sandplay Therapist-Consultant**, from the Association for Sandplay Therapy (trainer Barbara Turner), Registered Sandplay Therapist-Consultant STR-C, USA, Awarded July 2021.
- **Training AAI (Clinic Use of Adult Attachment Interview)**, online, May 2021 (trainer Karen Doyle Buckwalter).
- **Training Circle of Security**, parent trainer, online, February 2021.
- **Training Theraplay** Level 1 from Theraplay Canada, January 2021.
- **Training DDP** Levels 1+2, from Dafna Lender, online September 2020-December 2020,
- **Training Storyplay** from N. Boukouvala, online, November 2020.
- **Training EMDR** (adults) Levels 1+2 (trainer Domna Ventouratou), Athens, May 2020.
- **Training στο Sandplay Therapy**, from the Association for Sandplay Therapy (trainer Eunice Stagg), Registered Sandplay Therapist STR, United Kingdom, Ιούλιος 2019.
- **Training EFT Couple Therapy**, Rethymno, Crete May 2018 (trainer Kyriaki Polyxroni).
- **Training in Filial Coaching (Filial Coach), Play Therapy Greece**. Athens, November 2017.
- **Training in Supervision (Supervisor of play and creative arts)**, Play Therapy United Kingdom (Certificate in Supervision) Old Windsor, United Kingdom, June 2016.
- **Training in Sandplay Therapy**, Play Therapy United Kingdom (Certificate in Sandplay Skills-Part 1) Old Windsor, United Kingdom, June 2016.
- **Training in Playtherapy, (Playtherapist) Play Therapy Greece**. Athens, March 2016-November 2016.
- **Training in Playtherapy (Play Therapy Practitioner) Play Therapy Greece**. Athens, December 2014-September 2015.
- **Training of Trainers of Effective Parent (Gordon)**. Athens, 29-31/05/2015 and 03-05/06/2015.
- **Training in the application of Test BULLYING Ariston**. Athens, April 2014.

- **Training in the application of Test of Emotional State Ariston Kids.** Athens, December 2014.
- **Training in the application of Test of Learning Abilities, Ariston Candidates.** Athens, May 2014.
- **Training in using method TOMATIS (TOMATIS PRACTITIONER LEVEL 1).** Athens, June 2014.
- **Training in the application of WISC-III.** Training Director: I. Tsiantis. Athens, 21 March – 10 May 2003. (40 hours).